

Kwan Nyom Hapkido and  
the Finnish Hapkido  
Federation present:

**HAVE YOU 'LOCKED'  
THE DATE YET?**

**ETS 2018:  
7. - 9.9., FINLAND**

Ticket: € 170

Ticket includes all trainings,  
bus transfer as described in the  
preliminary program,  
celebration dinner and sauna

**COME JOIN US AT THE  
EUROPEAN HAPKIDO  
EVENT 2018!**

For more information go to:  
[https://hapkidoliitto.com/ETS  
2018.php](https://hapkidoliitto.com/ETS2018.php)



Grandmaster  
Geoff J.  
Booth

Master  
Tapio  
Erholtz





## **TRAINING VENUE**

**Liikuntakeskus  
Piironen**

**Lukionkatu 3  
04410  
Järvenpää**

### **Bus:**

Bus transfer will be available for all ETS participants that have reserved a seat at the time of the registration for the event. Bus times, as described in the program.

## **FRIDAY 7.9.2018**

**17:00**

**Bus leaves**

from Central Railway Station to training venue

**18:00 - 19:00**

**Basic Tactics for Ground Defense  
Master Tapio**

Master Tapio will go through advanced personal protection tactics on the ground. Timing and reacting to threats will be covered, as well as positioning against a standing attacker and how to get to a position of control.

This set will include individual techniques as well as tactics and exercises.

The topics are an extension to curriculum techniques.





## **TRAINING VENUE**

Liikuntakeskus  
Piironen

Lukionkatu 3  
04410 Järvenpää

### **ETS T-shirts:**

Can be ordered  
here:

[http://www.hapk  
idoliitto.com/portal/register  
toevent.php?](http://www.hapk<br/>idoliitto.com/portal/register<br/>toevent.php?)

event=NTIzMTUz  
MDAzNjAwNW==  
Price: 21 € (incl.  
VAT)

Last day for shirt  
orders/payments  
is August 4th,  
2018.

## **FRIDAY 7.9.2018**

**19:00 - 19:30**

**Multiple Grappling  
Master Tapio**

Master Tapio will guide the participants through scenario-based multiple grappling exercises, standing up and on the ground. Participants will form teams according to their belt and health/condition

**19:45**

**Bus back  
to Central Railwaystation**

**21:00**

**Guided Tram City Tour  
Helsinki**





## **TRAINING VENUE**

Liikuntakeskus  
Piironen

Lukionkatu 3  
04410 Järvenpää

## **SATURDAY 8.9.2018**

**9:00**

### **Bus leaves**

from Central Railway Station to  
training venue

**10:00 - 11:30**

### **Hapkido Striking Drills and Combinations**

#### **Grandmaster Booth**

The first set will cover Hapkido striking techniques to unbalance and for distracting an opponent before attacking with locks or takedowns. You will also learn how to combine Hapkido strikes into combinations and variations of curriculum techniques.

### **Kicking with Striking**

#### **Grandmaster Booth**

During the second set, kicks will be added to the mix. In this class, you will explore how to add and mix your strikes with kicks. Where and when could you add a kicking technique to amplify your locking or control, and how to kick to unbalance or distract your opponent.





## **TRAINING VENUE**

Liikuntakeskus  
Piironen

Lukionkatu 3  
04410 Järvenpää

## **SATURDAY 8.9.2018**

11.30 - 12.15

Lunch

12:15 - 13:30

**Security Tactics and Techniques**

**SBN Janne Toivanen**

Sabunim Janne Toivanen works with the Finnish Government security division, is an experienced police officer, and has many years of real life experience with challenging security situations.

He is also a successful BJJ competitor.

SBN Janne will demonstrate professional security tactics and techniques for getting and maintaining control of an aggressive opponent. The techniques will be variations to curriculum Hapkido and are meant to give an insight into professional security tactics.





## **TRAINING VENUE**

Liikuntakeskus  
Piironen

Lukionkatu 3  
04410 Järvenpää

**SATURDAY 8.9.2018**

13:30 - 15:00

Parallel sessions

**Group 1: Grappling Interference  
Exercises and Weapon Defense  
Training**

**Master Tapio**

This set is divided into two sections and is open for all participants.

In the first part, Master Tapio will go through grappling while standing up, and the most common ways to break an opponent's attack and get to a position of control.

The second part will cover weapon defense and expands the basic curriculum topics to include distance concerns for both, knife and bat. In addition to weapon defense techniques, tactics will include how to meet an opponent using weaponry and finding correct moments to attack or defend.





**SATURDAY 8.9.2018**

**TRAINING  
VENUE**

Liikuntakeskus  
Piironen

Lukionkatu 3  
04410 Järvenpää

**Group 2: Sword Training**

Open for participants with 2nd  
degree Black Belt in Hapkido or  
another Martial Art

**Swordmaster Shihan Anthony  
Karasulas**

Shihan Anthony Karasulas will offer  
the more experienced Black Belts  
from 2nd degree and up an  
opportunity to train with the sword.  
Shihan will walk the team through  
handling, strikes and exercises for  
sword. Please bring your own sword  
if you have one.

**15:00 - 15:30**

**Multiple Grappling Variations**

Continuing the exercise from Friday  
to make sure everyone breaks a  
sweat! More and different Multiple  
Grappling variations for all belt  
levels. Black Belts, bring your  
mouth guards and gloves.





## **SATURDAY 8.9.2018**

**16:00**

**Bus leaves**

**From Järvenpää**

**17:00**

**Celebration Dinner + Sauna**

**Söderkullan Kartano**

**22:00**

**Bus leaves**

**To central railway station**

### **DINNER VENUE**

**Söderkullan  
Kartano**

**Soderkullantie  
701,  
01150 Söderkulla**

**<http://www.soderkulla.fi/fi/etusivu/>**

### **Towels, shower gel/shampoo**

**and very few  
hairdryers will  
be available.  
Please make  
sure to bring  
your outfit for  
the evening  
with you to the  
training on  
Saturday, as we  
will go directly  
to Söderkullan  
Kartano after  
the last set.**





## **TRAINING VENUE**

Liikuntakeskus  
Piironen

Lukionkatu 3  
04410  
Järvenpää

## **SUNDAY 9.9.2018**

**09:00**

**Bus leaves**

From central railway station

**10:00 - 12:30**

**Black Belt Training**

**Roulette: Open for all  
participants**

Finnish Black Belts will run through a training roulette, where they - starting from the 4th degrees - will demonstrate their favourite techniques.

All international guests are welcome to join the training roulette! Please let one of the organizers know that you would like to have a roulette slot!

**13:00**

**Bus leaves + event ends**

To central railway station